IZGARA
TURKISH RESTAURANT

## LUNCH EXPRESS MENU

(EAT IN ONLY)
**AVAILABLE FROM MONDAY TO FRIDAY**
**BETWEEN 12.00PM - 4.00PM**

**(2 COURSE MEAL)**
**£14.95**
**PER PERSON**

## APPETIZERS TO START

(Choose one from selection)

**HUMUS (V)**
**TARAMA**
**OLIVES (V)**
**CACIK (V)**
**SPICY SAUSAGE**
**CALAMAR**
**HELLIM**
**FALAFEL (V)**
**SIGARA BOREGI**

## MAINS TO FINISH

(Choose one from selection)
All mains served with rice & salad

**LAMB SHISH**
**CHICKEN SHISH**
**ADANA KOFTE**
**CHICKEN WINGS**
**SEA BASS FILLET**
**SALMON FILLET**
**FALAFEL (V)**
**IMAM BAYILDI (V)**

www.izgarawestbridgford.co.uk

# IZGARA

## TURKISH RESTAURANT

( West Bridgford )




## Takeaway Leaflet

**OPEN 7 DAYS A WEEK**
Monday - Sunday
12:00 pm - 10:00pm

**TEL: 0115 648 53 62**
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izgarawestbridgford@gmail.com | www.izgarawestbridgford.co.uk
@izgarawestbridgford

## - COLD APPETIZERS -

**HUMMUS** (GF) (V) 7.9
Classic Middle Eastern blend of chickpeas, tahini and a hint of garlic with olive oil.

**TARAMA** 7.9
Smooth creamy texture of smoked cod roe.

**CACIK** (V) (GF) 7.9
Diced cucumber in yogurt with a hint of garlic and dried mint.

**BEETROOT DELIGHT** (GF) (V) 7.9
Cooked beetroot, feta cheese, parsley.

**PATLICAN SOSLU** (V) 8.9
Fried aubergines and peppers in a rich tomato sauce.

**BABAGANOUSH** (GF) (V) 8.9
Char-grilled aubergine puree, garlic, yogurt and tahini.

**MIXED OLIVES** (GF) (V) 7.5
Marinated with Mediterranean herbs.

**THE COLD MIX** 19.9
*For 2-3 people*
Hummus, Tarama, Cacik, Beetroot, Babaganoush, Patlican soslu.

## - HOT APPETIZERS -

**HALLOUMI** (V) (GF) 8.9
Grilled Cypriot halloumi cheese.

**SUCUK** (GF) 8.9
Spicy Turkish beef sausage.

**SIGARA BOREGI** (V) 8.9
Deep fried cheesy pastry rolls stuffed with feta cheese and spinach.

**CHICKEN LIVER** (GF) 9.9
Chicken liver with onions, peppers and mixed herbs.

**CREAMY GARLIC MUSHROOMS** (V) 8.9
Baby button mushrooms sautéed in a creamy garlic and cheesy sauce.

**HUMUS KAVURMA** 9.5
Pan fried diced lamb served on a bed of humus.

**FALAFEL** (V) (GF) 8.9
Chick peas, tomato, coriander, fresh onion, peppers, sesame seeds, garlic, parsley, with hummus.

**CALAMARI** 8.9
Marinated fresh squid with tartar sauce.

**SPICY KING PRAWNS** 9.9
King prawns served with spicy chilli, garlic, parsley & butter.

**THE HOT MIX** *FOR 2* 20 / *FOR 4* 30
Sucuk, Halloumi, Sigara Boregi, Falafel, Calamari.

## - SIDES -

**RICE** (V) 4.9
Plain white basmati rice

**BULGUR WHEAT** (V) 4.9
Classic Turkish wheat rice (contains gluten)

**CHIPS** (V) 4.9
Topped with sea salt

**MASHED POTATO** (V) 5.9
Fresh creamy butter mashed potatoes

**BABY POTATOES** (V) 6.9

**SIDE SALAD** (V) 4.9

## - LAMB -

Served with Rice & Salad

**LAMB SHISH** (GF) 23
Marinated cubes of lamb char-grilled on a skewer.

**ADANA KOFTE** (GF) 22
Spicy minced lamb char-grilled on a skewer.

**LAMB BEYTI** (GF) 22
Grilled minced lamb, seasoned with garlic and parsley.

**LAMB CHOPS** (GF) 27.5
Seasoned tender lamb chops char-grilled.

**LAMB RIBS** (GF) 24.5
Char grilled lamb spare ribs.

**MIXED CHOPS** (GF) 28
Lamb Chops (2 pcs), Lamb Ribs (4pcs).

## - CHICKEN -

Served with Rice & Salad

**CHICKEN SHISH** (GF) 21
Marinated cubes of chicken breast char-grilled.

**CHICKEN BEYTI** (GF) 21
Grilled minced chicken with a hint of garlic and parsley.

**CHICKEN WINGS** (GF) 19
Grilled marinated Chicken wings.

**CHICKEN HEAVEN** (GF) 29.9
Chicken Shish (4pcs), Chicken Beyti (1 Skewer), Chicken Wings (4pcs).

## - COMBINATION -

Served with Rice & Salad

**CHICKEN SHISH & LAMB SHISH** (GF) 23

**CHICKEN SHISH & ADANA KOFTE** (GF) 23

**LAMB SHISH & ADANA KOFTE** (GF) 23

## - FISH -

**SEA BASS FILLET** 22
Char-grilled fillet sea bass. Served with salad mashed potato and fish sauce.

**SALMON FILLET** 22
Char grill fillet salmon Served with salad mashed potato and fish sauce.

**SPICY KING PRAWNS** 23
Succulent king prawns in garlic butter, served with chips and salad.

**MIXED GRILLED FISH** 23.5
Char-grilled Sea Bass, Salmon glazed with lemon and a herb sauce.

**CALAMARI** (G) (M) 20
Marinated fresh squid served with salad chips and tartar sauce.

## - HOME COMFORTS -

**LAMB KLEFTIKO** (GF) 24.9
Slow roasted lamb shank cooked in a rich tomato sauce with carrots, onions and celery.

**MIXED SHISH WITH YOGHURT** 24.9
Skewered chunks of marinated lamb fillets and chicken breast, grilled over charcoal, topped with tomato sauce, yoghurt and melted butter.

**LAMB SHISH WITH YOGHURT** 24.9
Skewered chunks of marinated lamb fillets, grilled over charcoal, topped with tomato sauce, yoghurt and melted butter.

**CHICKEN SHISH WITH YOGHURT** 23.9
Skewered chunks of marinated Chicken breast, grilled over charcoal, topped with tomato sauce, yoghurt and melted butter.

**LAMB SARMA BEYTI** 23.9
Minced lamb seasoned with herbs and garlic char-grilled. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Served with bulgur rice and yoghurt.

**CHICKEN SARMA BEYTI** 23.9
Minced chicken seasoned with herbs and garlic char-grilled. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Served with bulgur rice and yoghurt.

## - VEGETARIAN -

**VEGETARIAN MOUSAKKA** (V) 20
Aubergine, peppers, chick peas, garlic, onions, green peas, potatoes, carrots, courgette covered with bechamel sauce and cheddar cheese, served with rice.

**IMAM BAYILDI** (V) 19.9
Oven baked aubergine filled with peppers, onions and garlic cooked in a special Izgara tomato sauce. Served with rice.

**FALAFEL** (V) 19.9
Chick peas, carrots, broad beans peppers, celery, onions, garlic and coriander and lightly fried. Served with salad and houmus.

**HALLOUMI & VEG GRILL** (V) 19.9
Grilled halloumi and mix vegetable, served with rice.

## - SALADS -

**GREEK SALAD** (V) 9.9
Cucumber, tomato, onion, parsley, olive and feta cheese with dressing.

**COBAN SALAD** (V) 9.5
Diced tomatoes, cucumbers, parsley and onions seasoned with sumac, drizzled with olive oil and pomegranate molasses.

**SPICY EZME SALAD** (V) 9.5
Finely chopped tomatoes, onions and parsley and spices with dressing.

## - KIDS -

All served with chips or rice

**CHICKEN NUGGETS** 8.9

**CHICKEN BURGER** 9.9

**CHEESE BURGER** 9.9

**CHICKEN SHISH** 11

**CHICKEN WINGS** 11

**ADANA KOFTE** 12

**LAMB SHISH** 12

## SOFT DRINKS

**COLA / DIET COLA / COLA ZERO** 3.95

**FANTA / SPRITE** 3.95

**J2O** 3.95
Passion Fruit / Apple & Raspberry

**LARGE STILL / SPARKLING WATER** 4.90

**SMALL STILL / SPARKLING WATER** 3.50

**TONIC WATER** 2.90

**SODA WATER** 2.90

**SODA & LIME** 3.00

## - MIXED GRILL -

29.9
*For 1 person*
3pcs Lamb Shish,
3pcs Chicken Shish, Adana Kofte
Served with rice, bulgur wheat and salad

## - IZGARA SPECIAL PLATTER -

129.9
*For 4 people*
Mixed Cold Appetizers

Chicken Shish, Lamb Shish, Adana Kofte, Chicken Beyti, 8pcs Chicken Wings, 2pcs Lamb Chops, 4pcs Lamb Ribs. Served with rice, bulgur wheat and salad.

V = VEGETARIAN | GF = GLUTEN FREE

**FOOD ALLERGIES & INTOLERANCES:**
Please speak to our staff about the ingredients or want to know more about the ingredients in your meal, when making your order.
The majority of our fish and meat dishes contain bones. Children should be supervised when eating. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Some items may contain gluten.
All menu items are subject to availability.